

Theyab Al-Shatarat MPE

 Amman, Jordan  +962 79 695 3455  theyabshatarat@yahoo.com

Profile:

Esteemed lecturer and coach with a focus on volleyball. With a robust history in both playing and leadership roles, including a term as the President of the Jordanian Volleyball Federation, infuses practical insights into teaching. Scholarly contributions and extensive coaching credentials further accentuate impact in the field of physical education.

Qualifications:

- **Master's degree in Sports Training** / Faculty of Physical Education - University of Jordan, 1992.
- **Bachelor's degree in Physical Education** / Faculty of Physical Education - Alexandria University - Helwan University, 1979.
- **University Teaching Diploma** / Faculty of Education - University of Jordan, 1992.
- **Diploma in Volleyball Coaching** / Institute of Physical Education - Moscow, 19985.
- **Lecturer at the International Volleyball Federation (FIVB)** since 1995.
- **Accredited lecturer** at the Youth Leadership Development Center in Jordan.
- **International Coach** - International Coaches Course / Level 1 - Amman, Jordan, 1986.
- **International Coach** - International Coaches Course / Level 2 - Baghdad, Iraq, 1988.
- **Mini Volleyball Coaches Course** - Amman, Jordan, 1981.
- **Fundamentals of Volleyball Course** - Alexandria, Egypt, 1978.
- **Modern Volleyball Course** - Alexandria, Egypt, 1979.
- **Volleyball Refereeing Course** - Amman, Jordan, 1994.
- **Information Technology, Administration, and Evaluation Course** - Amman, Jordan, 1987.

Experiences:

1. Teaching and Supervision Experience:

- Physical Education Teacher - Intermediate College - Amman, Jordan, 1980-1987.
- Volleyball Lecturer and Field Training Supervisor - Faculty of Physical Education - University of Jordan, 1987-2002.
- Faculty Member - Faculty of Physical Education - University of Jordan, since 2004. During this period, I taught the following courses:
 - Advanced Volleyball.
 - Volleyball (2).
 - Volleyball (1).
 - Physical Fitness.
 - Principles of Sports Exercises.
 - Supervision of Field Training Students.

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- Volleyball Lecturer - Faculty of Physical Education - University of Jordan, 1987-2002.
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 - Principles of Sports Exercises.
 - Supervision of Field Training Students.

- Sports Activity Supervisor - University of Jordan, 2002-2004.

2. Experience in Volleyball:

a. Coaching:

- Volleyball coach - College of Physical Education / Jordan University 1987-2002
- Coach of national teams – Jordan 1987-1991
- Coach of Al-Baqa'a Club – Excellence class / Jordan 1980-1996
- Coach of Jordan University male and female teams 1998-2004
- Coach of College of Physical Education team / Jordan University 1987-2002, and since 2004 until now
- Coach of the Balqa Governorate team / Jordan 1992
- Director of promising centers for volleyball/ Jordan 2007

b. Manager and lecturer in international and local coaches courses:

- Manager of the first level International Coaches Course under the supervision of the International Volleyball Federation and the Olympic Solidarity Committee – Riyadh/Saudi Arabia 2004
- Manager of the first level International Coaches Course under the supervision of the International Volleyball Federation and the Olympic Solidarity Committee– Gaza/Palestine 2005
- Manager of the first level International Coaches Course under the supervision of the International Volleyball Federation and the Olympic Solidarity Committee– Gaza/Palestine 2006
- Manager of the Teachers Course - International Cooperation Program for Volleyball under the supervision of the International Volleyball Federation – Amman / Jordan 2006
- Lecturer of the International Volleyball Coaches Course – Amman / Jordan 2007

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- Lecturer of the first level International Coaches Course under the supervision of the International Volleyball Federation – Bahrain International Center for Volleyball Development 2007
- Lecturer of the first level International Coaches Course under the supervision of the International Volleyball Federation – Tripoli / Libya 2008
- Lecturer of the first level International Coaches Course under the supervision of the International Volleyball Federation – Bethlehem/ Palestine 2009
- Manager and lecturer of numerous coaches and teachers courses for Volleyball/ Jordan during the period 2002-2005
- Manager of the Libyan Volleyball Coaches courses in Tripoli and Benghazi / Libya 2006
- Lecturer of the Mini Volleyball Coaches Course, Salalah- Sultanate of Oman 2011
- Manager and lecturer in the United Nations Development Program for the Palestinian Coaches and Teachers courses for the years:
 - July 24 - September 30, 1998
 - June 15 - September 15, 1999
 - July 1 - August 30, 2000
 - July 15 - September 15, 2001

c. Management:

- President of the Jordanian Volleyball Federation 2013 – 2016
- Member of the Board of Directors of the Jordanian Olympic Committee 2013 – 2016
- Member of the Interim Committee for managing the Jordanian Volleyball Federation 2019
- Rapporteur of the Eastern Arab Volleyball Federation 2014 – 2016
- Member of the Board of Directors of the Jordanian Volleyball Federation 1982-1984
- Member of the Technical Committee in the Jordanian Volleyball Federation 2004 - 2008
- Member of the Coaches Committee in the Jordanian Volleyball Federation 1998-2000
- Founder of the Promising Centers for Volleyball in cooperation with the Game Federation
- President of the Coaches Committee in the Jordanian Volleyball Federation
- President of the Competitions Committee in the Jordanian Volleyball Federation
- Head of the Jordanian mission for the Islamic Games in Baku/ Azerbaijan 2016
- Head of the Jordanian delegation to the International Volleyball Federation Congress in Italy 2013
- Head of the Jordanian delegation to the International Volleyball Federation Congress in Argentina 2015
- Head of the Jordanian delegation for the meetings of the Asian Volleyball Federation in Saudi Arabia 2015
- Head of the Jordanian delegation for the meetings of the Arab Volleyball Federation in Saudi Arabia 2015
- Head of the Jordanian delegation for the meetings of the Eastern Arab Volleyball Federation in Lebanon 2015

d. Published and accepted research:

- "The impact of different net heights and ball weights on the development of certain arm physical capabilities and learning some volleyball skills". Educational and Psychological Sciences Journal, University of Bahrain, approved for publication on May 10, 2006. Co-authored with Dr. Abdelsalam Jaber.
- "Evaluating the effectiveness of field training for the students of the Faculty of Physical Education at the Jordanian University, the 5th International Scientific Conference 'Sport Science in a Changing World', Faculty of Physical Education at the Jordanian University, May 10-11, 2006".
- "Constructing a cognitive achievement test in the advanced volleyball course for students of the Faculty of Physical Education at the Jordanian University", the 2nd International Scientific Conference 'Scientific Developments in Physical Education and Sports', Faculty of Physical Education at Yarmouk University, May 9-10, 2007. Co-authored with Dr. Abdelsalam Jaber.
- "The relationship between the performance of some offensive skills and the ranking of the results of the teams participating in the 8th Arab Clubs Volleyball Championship for Women", Al-Najah University Journal for Research, Al-Najah National University, Palestine. Approved for publication on December 17, 2008.
- "Setting standard levels for some volleyball skills for the students of the Faculty of Physical Education at the Jordanian University", Mutah for Research and Studies, Series of Humanities and Social Sciences, a scientific refereed and indexed journal, Mutah University 2009, Volume (24) Issue (4) pp. 95-220.
- "The effect of an educational program using the exchange style and the feedback accompanying the performance on creativity in the stages of low start and cube control and time of running 100m", the 2nd Sports Creativity Conference, a vision for sports creativity, Faculty of Physical Education at the Jordanian University, 2011, Volume (3) pp. 322-351. Co-authored with Dr. Walid Al-Hamouri.
- "The relationship between the performance of offensive skills and successful and failed defensive skills and the ranking of men's volleyball teams in the 12th Arab Games", the 3rd Sports Creativity Conference, the place of creativity in sports institutions, Faculty of Physical Education at the Jordanian University, 2012, Volume (2) pp. 275-296. Co-authored with Dr. Walid Al-Hamouri, Hossam Barakat.
- "The impact of some mental training visualization exercises on the development of numerical achievement for hurdling students of the Faculty of Physical Education at the Jordanian University", the 2nd Arab-European Conference of Sports and Health Sciences (Challenges of Change2), Jordan – Dead Sea. 1-3/11/2017. The first volume pp. 463-483. Co-authored with Dr. Walid Al-Hamouri, Hossam Barakat, Nidal Abu Al-Feelat.
- "The effect of command and reciprocal teaching methods on the level of self-esteem in students of the basic skills course in basketball". The Jordanian Educational Association,

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the Jordanian Educational Journal. The publication was accepted with letter number: J T / 20 Date: 1/15/2022. Co-authored with Hossam Barakat, Zainab Helmi Abu Meili, and Manal Al-Bayyat.

- "Evaluating the effectiveness of offensive skills and opponent's mistakes in scoring points and ranking the results of volleyball teams in the 2022 Olympic Games", Yarmouk Research Journal "Series of Humanities and Social Sciences", Yarmouk University, Jordan.

e. Participation in conferences:

- The 5th International Scientific Conference "Sport Science in a Changing World", Faculty of Physical Education at the Jordanian University, May 10-11, 2006.
- The 2nd International Scientific Conference "Scientific Developments in Physical Education and Sports", Faculty of Physical Education at Yarmouk University, May 9-10, 2007.
- The 1st Scientific Conference "The role of faculties, departments, and institutes of physical education in developing Arab sports", Association of Faculties, Departments, and Institutes of Physical Education, Amman, Jordan, 4-5/2007.

Authorship:

Book - "Physical Education and First Aid for Community Colleges", Dar Al-Mustaqbal for Publishing and Distribution, Amman - Jordan, 1985.

Experience as a player:

- Player in the Jordanian National Team 1974-1981.
- Player in the Jordanian School Team 1974-1975.
- Player in Al-Baq'a Club 1972-1981.
- Player in many international and local competitions.

Languages:

- Native language: Arabic
- Second language: English